

Cow Sludge on Rice Recipe

Required:	2 heat sources 1 skillet 1 pot
Ingredients:	1 box of instant rice (or noodles) water 1 lb hamburger 1 can cream of mushroom soup 1 can mixed vegetables salt and pepper
Notes:	It doesn't look very good, but tastes great. If the people prefer noodles instead of rice, that works just as well.
Instructions:	Start water boiling in pot for rice. Brown hamburger and drain fat. Stir in mushroom soup and vegetables. While hamburger is heating, make rice following instructions on box. When rice is done, serve hamburger over bed of rice.