

## Beef Goulash Recipe

<b>Ingredients:</b>	3 lb beef steak 1 tsp salt 2 Tbsp cooking oil 1 can mushroom soup
<b>Notes:</b>	main course
<b>Instructions:</b>	Cut meat into 1 inch cubes. Preheat dutch oven to 325 degrees. Add oil. Brown beef in oil. Add salt and soup. Cover and simmer 1 hour. Serve over noodles.
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